Candle Magic

There are many ways for us to ask for what we would like in life, this may be a prayer in church or in the privacy of our own home. It may be the silent wish within our mind.

Candle magic is a method of putting our wish out to the universe and in amplifying our intent. The naked flame, be it a candle or a fire, has been used in every recorded civilization as a means to secure protection, warmth and many have found comfort sat around a fire. Fire can be controlled and gentle or it can be wild and destructive, it can cleanse and it can purify, it can also be as a method to banish.

Candle magic allows the magic to be a controlled method of working on the unconsciousness level to bring a shift in energy and to enable us to create the change required to bring to fruition our desire.

Throughout history there is evidence of candles being used in celebrations, rituals and in prayers.

The simplest of candle magic involves the use of a white candle every day until the wish comes to fruition.

There are many thoughts as to how candle magic should be conducted, and it has to be acknowledged that there is no right or wrong and that the method described here is my personal method of practicing candle magic.

I personally choose the candle color and an essential oil which has correspondences to my wish and I also will use herbs [see notes on correspondences]. I use a knife which is dedicated specifically for magic use and this is not used in the mundane world. Having sourced a candle, oil and herbs and having gathered my magical knife I prepare my sacred space. I always work magically within a scared space which holds my energy and maintains safe boundaries [see notes for building sacred space].

Once in sacred space I write my intent or desire on a small strip of paper. I then meditate on this intention for as long as I feel necessary. Whilst remaining focused on the words on the piece of paper I carve words or symbols into the candle to represent my intent/wish. I then massage the chosen essential oil into the candle and then carefully roll the oiled candle in the herbs. Next I take the strip of paper and wrap around the prepared candle [if required use a lightweight thread to secure the paper]. I then mark the candle into 3/5 or 7 sections with the knife or a pen, this dictates how many days the spell will take to complete. This is the candle prepared. I will then place the candle in a safe holder on my altar and will say a blessing for the candle. The blessing does not have to be complicated and can be as simple as ‘prepared and blessed is this candle, ready to now perform a service for me’.

Each day I light the candle and sit and focus on the intent and once it has burnt down to the first mark, I extinguish the candle. Do not blow the candle out as this is said to diminish the magical energy created, instead use a snuffer to put the candle out. Repeat this process for the allocated days and then bury the remained into the earth.

There are many variations of this candle magic on the internet and in books, some similarly straightforward and some more complicated. There are also books with many different candle magic blessings and rituals however, I feel that one created by the user is likely to be the most successful.

Do be mindful about what you ask for. Do not ask for something which involves changing the will of another person or which would cause harm to another person.

Blessed Be